

Monday

Tuesday

Wednesday | Thursday

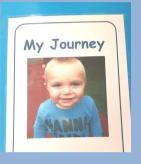
Friday



Movement Over 18 months

Under 18 months

(Music session is a maximum of 2 children per adult)



My Journey Stay & Play

Stay & Play

Come & take part in fun



*Toy Library Stay & Play

Come along for our stay & play

*on the: 25 February, 31 March, 28 April, 30 June this will be held at Shoreditch Park Library

> Functional Skills ESOL 9.30am-12 MATHS

Please contact Adult Learning for information on 020 8820 7703

Explore with Baby

Our session gives you and your baby

O to walking



*Strengthening Families Strengthening Communities

This course is by invitation only, if please speak to the office.

> strengthening families strengthening communities

Changed Session

Fun, Food & Fitness Stay & Play

Every week **EXCLUDING**: 6 February, 5 March, 2 April





ESOL Classes - Entry 2

Please contact Adult joining this class. 020 8820

No crèche

Changed Session

Sensory Stay & Play for children with additional

specifically designed for children who have additional needs.



*Mini Stay & Play

shorter stay & play session may be what you

*Only 8 children admitted to this session on a first come, first served basis. The session closes for entry at 11.30am.

Other Activities - 6th January to 3rd April 2020



Children's Centre Information



Talk to a Mum who **Knows About** Breastfeeding

Breastfeeding

support*

If you require support please visit the breastfeeding network: https://

www.breastfeedingne twork.org.uk/



We distribute Foodbank vouchers for families in need Speak to the office for



Family Support Surgery

with one of the family prac-

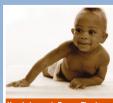
Do you want to improve your reading, writing or maths skills?

maths@learningtrust.co.uk



additional money EVERY MONTH to help www.healthystart.nhs.uk

Tummy Time with Hackney Ark





Hackney ORBIT

impacted by drugs or alcohol.

Community Health Reviews

Health visitors attend on the



Stay & Play Snack Time

Please remember to bring a piece of fruit for snack time during our stay & play sessions. Without your fruit to share. Thank you



Dates we will be closed:

Friday, 10 January

We run a different timetable in the school holidays.

> *Term Time Only Sessions