

COMET TEA CLUB MENU

A U T U M N 2 0 2 3

W E E K 1

Milk and water served with all meals.

M

Baked potatoes with tuna or beans with cheese

T

Salmon with couscous and mixed vegetables

W

Homemade spaghetti bolognese & salad

T

Veggie fajita

F

Mini pizzas with salad

SNACK

A variety of fresh fruit and vegetables with a bread stick, rice cake or cracker

Hummus dip offered once a week

Puddings include bananas & custard, plain Greek yogurt, rice pudding & raisins, homemade fruit salad and sugar free jelly.

COMET TEA CLUB MENU

AUTUMN 2023
WEEK 2

Milk and water served with all meals.

M

Veggie pie
with mash
potatoes

T

Tuna pasta
or pasta
bake

W

Chilli con
carne with
rice

T

Fish finger with
potato wedges
and
beans/peas

F

Scrambled
eggs or
beans on
toast

SNACK

A variety of fresh
fruit and vegetables
with a bread stick,
rice cake or cracker

Hummus dip
offered once a week

Puddings include bananas & custard, plain Greek yogurt, rice pudding & raisins, homemade fruit salad and sugar free jelly.